



Game Plan Athletics

COLLEGE RECRUITING CHECKLIST

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Freshman
Year (9th
grade)

- Focus on academics; start strong with grades
- Begin building your athletic resume and highlight videos.
- Attend camps and clinics to develop skills and gain exposure.
- Start researching colleges and athletic programs.

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Sophomore
Year (10th
grade)

- Continue academic focus; maintain strong grades.
- Register with NCAA or NAIA Eligibility Center.
- Update recruiting profiles (FieldLevel, Hudl) with stats and video.
- Attend college showcases and tournaments.
- Begin contacting coaches with introductory emails.
- Track athletic and academic achievements.

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Junior
Year (11th
grade)

- Take standardized tests (SAT/ACT) and send scores to colleges.
- Narrow your list of potential colleges and programs.
- Schedule unofficial visits; attend prospect days and college camps.
- Communicate regularly with college coaches.
- Request feedback from coaches and update highlight reels.
- Apply for scholarships and start financial aid research.

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Senior
Year (12th
grade)

- Finalize your list of target schools.
- Schedule official campus visits.
- Respond promptly to coach communications and offers.
- Complete college applications and financial aid forms (FAFSA).
- Sign National Letter of Intent (if offered).
- Notify coaches of your college decision.

Notes:

- Stay organized by tracking coach contacts, deadlines, and documents.
- Keep academic and athletic records updated throughout high school.
- Be proactive, polite, and consistent in all communications with coaches.